



# Women's Health 2013

## The 21<sup>st</sup> Annual Congress

### March 22-24, 2013

#### Washington, DC

**Presented by**



*best practices for better outcomes*

[www.academyofwomenshealth.org](http://www.academyofwomenshealth.org)



**Journal of  
Women's Health**

**VCU** *Institute for* Women's Health

**In partnership with**

**DHHS Office on Women's Health**

**NIH Office of Research on Women's Health**

**Society for Women's Health Research**

**Join us this year to:**

- ◆ Learn about state-of-the-art, evidence-based information on a broad range of women's health issues
- ◆ Network with over 1,000 leaders in women's health
- ◆ Honor this year's distinguished Congress award winners
- ◆ Celebrate the 1<sup>st</sup> Anniversary of Academy of Women's Health

**REGISTER  
TODAY!**



**Congress Chair**

**SUSAN KORNSTEIN, MD**

Executive Director, VCU Institute  
for Women's Health

Editor-in-Chief, *Journal of Women's Health*  
President, Academy of Women's Health

**Congress Co-Chair**

**LISA ELLIS, MD**

Executive Director of Stony Point - VCU  
Medical Director, VCU Institute  
for Women's Health

**Congress Chair Emeritus**

**WENDY KLEIN, MD**

Senior Deputy Director Emeritus  
VCU Institute for Women's Health

# Join Us in March 2013



## What Our Attendees Are Saying



“The Women’s Health Congress is, year after year, the most exciting and innovative update on the whole gamut of women’s health issues I know.”

—**John Partridge, MD, FACOG**  
*Virginia Physicians for Women  
Richmond, VA*



“It was a pleasure to hear cutting-edge information presented by high-powered speakers in such a friendly environment.”

—**Ann Morrison, PhD, RN, CS**  
*Johns Hopkins University  
School of Medicine  
Baltimore, MD*



“The Congress offers up-to-date information on a wide range of women’s health topics. The location is ideal for both business and pleasure.”

—**Lin Chang, MD**  
*UCLA  
Los Angeles, CA*

## Conference Learning Objectives

### After completing this activity, the participant should be better able to:

- ◆ Describe recent advances in cancer screening and treatment, including cervical, ovarian, and breast cancer
- ◆ Explain current data that will facilitate the prevention, diagnosis, and management of diseases in women
- ◆ Identify evidence-based approaches to address the management of reproductive health issues, including menopause, contraception, and adolescent sexual health
- ◆ Define practical strategies for assessing and promoting preventive health measures in women, including cardiovascular risk reduction, fracture risk reduction, and reduction of risk associated with diabetes and hyperlipidemia
- ◆ Describe state-of-the-art approaches to treating patients with pelvic pain, endometriosis, HIV, and mood disorders
- ◆ Apply evidence-based approaches to treating women with urogynecological disorders and vaginitis as well as sexual health disorders
- ◆ Describe and treat common problems in dermatology in women
- ◆ Utilize the most recently released pap smear guidelines
- ◆ Discuss the controversies that surround the area of treatment and diagnosis of osteoporosis
- ◆ Apply environmental health into daily practice with patients
- ◆ Describe the treatment of diabetes during the reproductive years
- ◆ Provide appropriate care and counsel for patients and their families

For complete Congress information, please visit: [www.bioconferences.com/wh](http://www.bioconferences.com/wh)



# Women's Health 2013

## Thursday, March 21

### Pre-Conference Workshop\*

#### 2:30 - 5:00 pm—The Science of Sex and Gender in Biomedical Research

Session presented by the NIH Office of Research on Women's Health  
Workshop Director: Janine Clayton, MD, ORWH Director

#### 5:00 - 8:00 pm—CONFERENCE REGISTRATION

## Friday, March 22

6:15 am—Yoga (optional) - Embrace the day with yoga

#### 7:00 am—REGISTRATION & BREAKFAST

#### 7:45 am—Welcome Opening Remarks

#### 8:00 am—Lipid Management in Women: Lessons Learned Emma Meagher, MD

Associate Professor of Medicine, University of Pennsylvania

#### 8:45 am—Diabetes Management in the Reproductive Years

Diana McNeill, MD, FACP, Professor of Medicine  
Division of Endocrinology and Metabolism  
Duke University School of Medicine

#### 9:30 am—Adolescent Gynecology: Best Practices

Alison Marshall, MSN, FNP  
Sylvie Ratelle STD/HIV Prevention Center of New England  
Massachusetts Department of Health

#### 10:15 am—Break

#### 10:45 am—Calcium & Vitamin D: What Now?

Michael McClung, MD, Director, Oregon Osteoporosis Center  
Associate Professor of Medicine, Oregon Health & Science University

#### 11:30 am—Integrating Environmental Health into Clinical Practice

Kirtly Parker-Jones, MD, Professor of Obstetrics and Gynecology  
Vice Chair for Educational Affairs  
University of Utah School of Medicine

#### 12:15 pm—LUNCHEON PRESENTATION

##### Pain in Women: Sex Differences and Implications for Management

Mark Wallace, MD, Professor of Clinical Anesthesia  
Director, Center for Pain and Palliative Medicine  
UC San Diego School of Medicine

#### 1:45 pm—Cardiovascular Risk Reduction: Women Are Not Small Men

Karol Watson, MD, PhD  
Associate Professor of Medicine/Cardiology  
Co-Director, UCLA Program in Preventive Cardiology  
David Geffen School of Medicine at UCLA

#### 2:30 pm—New Findings from the Kronos Early Estrogen Prevention Study (KEEPS)

JoAnn Manson, MD, DrPH  
Professor of Medicine and the Michael and Lee Bell Professor of Women's Health, Harvard Medical School  
Chief, Division of Preventive Medicine  
Brigham and Women's Hospital

#### 3:15 pm—Break

#### 3:45 pm—Making Sense of the New Cervical Cancer Screening Guidelines: Less is More

Michael Policar, MD, MPH  
Professor of Obstetrics, Gynecology and Reproductive Sciences  
UC San Francisco

#### 4:30 pm—HIV in Women: From Research to Practice

Kathleen Squires, MD  
Professor of Medicine, Jefferson Medical College  
Director, Division of Infectious Diseases  
Thomas Jefferson University Hospital

#### 5:30 - 7:00 pm—Congress Poster Session and Reception

## Saturday, March 23

6:15 am—Yoga (optional) - Embrace the day with yoga

#### 7:00 am—BREAKFAST SYMPOSIUM

##### The Promise of Personalized Medicine: Integrating Genetics into Women's Health Practice

Lee Shulman, MD  
Anna Ross Lapham Professor of Obstetrics and Gynecology  
Director, Cancer Genetics Program  
Northwestern University Feinberg School of Medicine

#### 8:30 am—Understanding Menopause and Mood

Claudio Soares, MD, PhD  
Professor and Chair, Department of Psychiatry  
University of Alberta, Canada

#### 9:15 am—Chronic Pelvic Pain: Challenges in Diagnosis and Management

Michael Policar, MD, MPH  
Professor of Obstetrics, Gynecology and Reproductive Sciences  
UC San Francisco

#### 10:00 am—Break

#### 10:30 am—The Vivian Pinn Women's Health Research Keynote Lecture: Advances in Understanding Endometriosis

Linda Giudice, MD, PhD  
Distinguished Professor and Chair of Reproductive Endocrinology and Infertility, UC San Francisco

#### 11:15 am—Sexual Disorders in Women: We Can Do Better

Catherine Matthews, MD  
Chief, Division of Urogynecology  
Associate Professor of Obstetrics and Gynecology  
University of North Carolina at Chapel Hill  
Supported by an educational grant from Novo Nordisk

#### 12:00 pm—LUNCHEON PRESENTATION

##### Contraception: Which Patient, Which Method?

Raquel Arias, MD, MPH  
Associate Professor of Obstetrics and Gynecology  
Keck School of Medicine, University of Southern California

#### 1:30 pm—THE TRUDY BUSH LECTURE: The Study of Women's Health Across the Nation (SWAN): An Update Nanette Santoro, MD

Professor and E Stewart Taylor Chair of Obstetrics and Gynecology  
University of Colorado at Denver, School of Medicine

# The 21<sup>st</sup> Annual Congress

## 2:30 pm—Breast Cancer: What's New?

**Harry Bear, MD, PhD**  
Chief, Division of Surgical Oncology  
Professor of Hematology and Oncology  
Virginia Commonwealth University School of Medicine  
VCU Massey Cancer Center

## 3:15 pm—Break

## 3:45 pm—Controversies in Ovarian Cancer Screening

**Karen Lu, MD**  
Professor of Gynecologic Oncology and Reproductive Medicine  
H.E.B. Professor of Cancer Research  
University of Texas MD Anderson Cancer Center

## 4:30 pm—Dermatology in Women: Common Dilemmas

**Julia Nunley, MD**  
Professor of Dermatology  
Program Director, Dermatology  
Virginia Commonwealth University Medical Center

## 5:15 pm—Sleep Disorders and Women: More Than Just Tired

**Michael Twery, PhD**  
Director, National Center on Sleep Disorders Research, NHLBI, NIH  
Supported by the Society for Women's Health Research

## 6:00 pm—Yoga (optional)

**Sunday, March 24**

## 6:15 am—Yoga (optional) - Embrace the day with yoga

## 7:00 am—BREAKFAST SYMPOSIUM

### Obesity Prevention in Women

**Antronette Yancey, MD**  
Professor of Medicine, UCLA

## 8:30 am—Urogynecology in the Office

**Catherine Matthews, MD**  
Chief, Division of Urogynecology  
Associate Professor of Obstetrics and Gynecology  
University of North Carolina at Chapel Hill

## 9:15 am—Management of Common Breast Disorders

**Raquel Arias, MD, MPH**  
Associate Professor of Obstetrics and Gynecology  
Keck School of Medicine, University of Southern California

## 10:15 am—Women's Health & Sex Differences Research

Scientific Poster Session Awards

## 10:30 am—Break

## 11:00 am—Vaginitis: Pearls & Pitfalls in Diagnosis

**Alison Marshall, MSN, FNP**  
Sylvie Ratelle STD/HIV Prevention Center of New England  
Massachusetts Department of Health

## 11:45 am—News You Can Use: Recent Studies That Changed My Practice

**Melissa McNeil, MD, MPH**, Professor of Medicine, Obstetrics, Gynecology, and Reproductive Sciences  
Chief, Women's Health, Department of Medicine  
University of Pittsburgh Medical Center

## 12:45 pm—Adjourn

Please note that the schedule is subject to change.

## Support the Congress!

For more information on available opportunities, contact Karla Shepard Rubinger, Executive Director, Academy of Women's Health at (914) 740-2128 or [awh@academyofwomenshealth.org](mailto:awh@academyofwomenshealth.org)

## Target Audience

This activity is intended for physicians, advanced practice nurses, registered nurses, midwives and other allied health professionals who care for women, including internists, family practitioners, and general obstetrician-gynecologists, and nurses in those fields.

## Accreditation

This activity is jointly sponsored/co-provided by Postgraduate Institute for Medicine and Academy of Women's Health.



### Physician Continuing Medical Education

#### Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Postgraduate Institute for Medicine and Academy of Women's Health. The Postgraduate Institute for Medicine is accredited by the ACCME to provide continuing medical education for physicians.

#### Credit Designation

The Postgraduate Institute for Medicine designates this live activity for a maximum of **22.5 AMA PRA Category 1 Credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nursing Continuing Education

#### Credit Designation

This educational activity for **22.5 contact hours** is provided by Postgraduate Institute for Medicine.

#### Accreditation Statement

Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

### AAFP Accreditation

This Live activity, Women's Health 2013: The 21st Annual Congress, with a beginning date of March 22, 2013, has been reviewed and is acceptable for up to **22.25 Prescribed credit(s)** by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### AANP Accreditation

This program is approved for **21.0 contact hours** of continuing education (which includes **10.75 hours of pharmacology**) by the American Academy of Nurse Practitioners. Program ID 1209329. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

**A statement of credit will be issued only upon receipt of a completed activity evaluation form and will be mailed to you within 3 weeks.**



## 1<sup>st</sup> Anniversary of the Academy of Women's Health

The Academy of Women's Health is an interdisciplinary, international association of health professionals who work across the broad field of women's health, providing up-to-date advances and

### Benefits of J

- ♦ Free annual online subscription to **Journal of Women's Health**
- ♦ Discounted registration to the annual Women's Health Congress
- ♦ Access to members-only listserv

[www.academyofwomenshealth.org](http://www.academyofwomenshealth.org)

# Register Today and Save!

## Statement of Need/Program Overview

This program is designed to provide physicians, nurses and allied healthcare professionals with a broad range of topics relevant to women's health across the lifespan. This includes the most recent research and its application to patient care, and the most current information in diagnosis and therapeutics.

## Disclosure of Conflicts of Interest

Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by PIM for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.

## Hotel and Travel Information

Women's Health 2013 will be held at the

### Grand Hyatt Washington

1000 H Street NW · Washington, DC 20001, USA  
Phone: 1-202-582-1234 · Fax: 1-202-637-4781

A block of rooms is being held at the following rates per night:

<b>Single and Double Occupancy</b>	<b>\$ 199.00</b>
<b>Triple Occupancy</b>	<b>\$ 224.00</b>
<b>Quadruple Occupancy</b>	<b>\$ 249.00</b>

Hotel reservations can be made, changed, or modified at:

<https://resweb.passkey.com/go/womenshealth2013>

or by calling 1-402-592-6464 or 1-888-421-1442. Please be sure to mention that you are attending the Women's Health 2013 21<sup>st</sup> Annual Congress.

Reservations must be received on or before 5:00 PM, **Wednesday, February 20, 2013.**

### Area Airports:

**Reagan National Airport** - Approximately 5 miles from the hotel

**Dulles International Airport** - Approximately 27 miles from the hotel

Please call our official travel agent, Wayne Coven, at Empress Travel, (800) 933-9054 or (212) 410-9990 for flight information.

For complete travel information, please visit the Congress website:

[www.bioconferences.com/wh](http://www.bioconferences.com/wh)

### Americans with Disabilities Act



Event staff will be glad to assist you with any special needs. Please contact the conference organizers prior to the event, at 1-800-524-6266.



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**March 22–24, 2013**

**Register Online: [www.bioconferences.com/wh](http://www.bioconferences.com/wh)**

**or Register by Fax: 914-740-2105**

### Please Print Your Contact Information Below:

Name \_\_\_\_\_ Degree (s) \_\_\_\_\_

Medical Specialty \_\_\_\_\_ Title \_\_\_\_\_

Affiliation \_\_\_\_\_

Address \_\_\_\_\_

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Special Dietary Needs \_\_\_\_\_

### Please Check All Appropriate Boxes

#### Registration

##### Academy of Women's Health Members

	<b>Early-Bird Rates</b> (before Dec. 15 <sup>th</sup> )	<b>Regular Rates</b> (after Dec. 15 <sup>th</sup> )
<input type="checkbox"/> Physician/PhD/Policy maker/Industry Professional	\$524	\$628
<input type="checkbox"/> Nurse/Allied Health Professional	\$320	\$395
<input type="checkbox"/> Student/Intern/Resident	\$199	\$245

##### Non-Members

<input type="checkbox"/> Physician/PhD/Policy maker/Industry Professional	\$655	\$786
<input type="checkbox"/> Nurse/Allied Health Professional	\$495	\$594
<input type="checkbox"/> Student/Intern/Resident	\$345	\$414

**Join the Academy of Women's Health**  
[www.academyofwomenshealth.org](http://www.academyofwomenshealth.org)

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& SAVE**

### Payment Options

**Enclosed is my check/money order for \$** \_\_\_\_\_  
Make checks payable to Academy of Women's Health, in US currency and drawn on a US bank.

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**Cancellation Policy:** Written cancellations received prior to February 1, 2013 will receive a refund minus an administrative charge of \$100. Cancellation after this date is non-refundable; however, substitutions from the same company are welcomed. If for any reason this conference is cancelled, Academy of Women's Health is not responsible for covering airfare, hotel, or other costs incurred by conference registrants.

## Academy of Women's Health

options in clinical care that will enable the best outcomes for patients. AWH's focus includes the dissemination of translational research and evidence-based practices for disease prevention, diagnosis, and treatment for women.

### Joining AWH

- ◆ Participation in international exchange travel programs
- ◆ And much more- including the satisfaction of providing the best outcomes for patients worldwide!

[womenshealth.org](http://www.womenshealth.org)

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# Women's Health 2013

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March 22-24, 2013  
Grand Hyatt, Washington, DC



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**Attend the most comprehensive women's health conference of 2013**

- ◆ **3 impactful days** – learn the latest actionable information for optimal patient care
- ◆ **30 distinguished speakers** – listen to the foremost experts in women's health
- ◆ **1,000 networking opportunities** – leverage new connections to advance your career



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